

Matera Itinerary – 3 Days of Discovery

If you have three days in Matera, Italy, you can immerse yourself in its culture, history, and flavors without rushing.

Day 1 – Ancient Origins & Sassi Exploration

Morning: Start with a walking tour of Sasso Barisano and Casa Noha.

Afternoon: Visit Cattedrale di Matera and MUSMA museum.

Evening: Dinner at a cave restaurant and sunset at Piazza Pascoli.

Day 2 – Culture and Cuisine

Morning: Join a cooking class or food tour.

Afternoon: Discover rock-cut churches and Santa Lucia alle Malve.

Evening: Wine tasting and live folk music in a local enoteca.

Day 3 – Nature and Nearby Adventures

Morning: Hike through Murgia Materana Park to the Belvedere viewpoint.

Afternoon: Day trip to Altamura or Craco ghost town.

Evening: Return to Matera for a farewell dinner with Aglianico wine.